

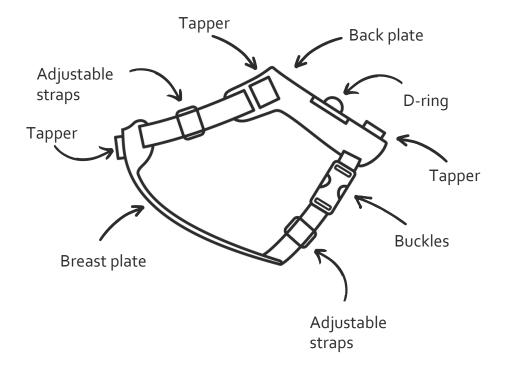


A Helping Hand



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## IMPORTANCE

How you adjust the harness to fit your dog is important to ensure they are comfortable. Incorrectly fitted harnesses can cause rubbing or itching for your pooch.

We have designed this harness with comfort in mind, for dogs with all different body types, this involves slight adjustments by you.

## PUTTING ON THE HARNESS



1.Loosen the straps and undo the buckles.

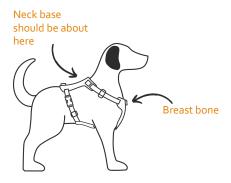


2. Slip the harness over the dog's head (back plate on top & breast plate on the bottom).



3.Connect the base of the breast plate to the back plate by clipping the buckles together.

## FITTING THE NECK



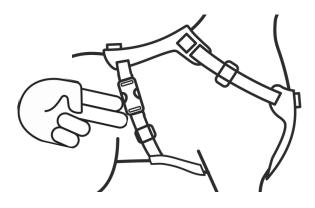
- The top of the breast plate should sit on (not above) the breast bone. You can find the location by feeling for a small protrusion your dogs chest.
- To tighten evenly adjust the straps on both sides of the harness.
- The back plate should sit at the base of the neck
- Your dog should be able to move around comfortably when the harness is set up properly.

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Note: Be sure to keep the harness away from the throat which is a sensitive area and their shoulder blades which can cause discomfort.

#### WAIST

When tightening the waist straps be sure you can fit two fingers between the strap and the dog. If it's too tight it will cause discomfort for your dog. If it is too loose your dog may Houdini their way out of it.



Once the harness is properly adjust you wont have to adjust again! Just simply slip the harness over the dogs neck, buckle up and you're ready to go.





# POSITIVE REINFORCEMENT TRAINING

Here at WoofFM we have done our research to ensure your dog is the happiest they can be! Through investigation we have found that positive reinforcement training is the way to go with your pupper. Positive reinforcement training will help build trust and the bond between you and your pooch, encourage good behaviour while diminishing unwanted behaviours and encourages a happy and healthy doggo!

## TRAINING

We have developed some simple steps to show you how to best train your dog with Woof FM.

Short - 10/15 mins - training sessions, 3-4 times a day, no more than 3 repetitions at a time.

Check out this training manual and our other resources available, including instructional videos on:

- Our website
- Youtube
- Instagram
- Facebook
- Live chat with trainers
- Find a WoofFM trainer near you

wooffm.com youtube/wooffm @wooffm facebook.com/wooffm wooffm.com wooffm.com/trainers

## GETTING USED TO A HARNESS

NEVER WORN A HARNESS BEFORE (OR UNSURE OF NEW THINGS)?

If your pupper is new to harnesses that's okay!

Get some treats ready. If your dog is not food motivated give them what they are motivated by e.g. affection, ear or butt scratches etc.

If your dog backs away or nips at you this is a sign your are going too fast. Go at their speed to ensure they are happy and comfortable. For some dogs getting used to new things can take weeks.



 Take out tapping units (just incase your dog gets too excited).



2. Place or hold the harness near the dog.



3. Every time they touch or sniff it give them a treat and praise them.



4. Once they are comfortable with the harness near them open and close the buckle. Give them a treat and praise them when it clicks.

Note: Some dogs are sensitive to certain areas being touched. If this is the case get them used to it by stroking them on those areas and giving them treats and praise when you do.

Once your dog is ready and comfortable:



1. Slip the harness over their neck giving them praise and treats as required.



2. Buckle them up, again praising and treats if they need it.



3. Adjust the straps so they are comfortable. This is an important step to ensure they have a good experience, please refer to page 5 and 6 of this manual.



4. Let them get comfortable in it around the house. While giving them praise and treats.



5. Attach a lead to the D-ring and let them drag it around.

MAN IN



6. Take them outside! Doggos love the outdoors so this acts as a treat in itself!

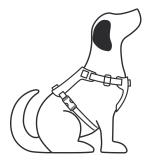
## GETTING USED TO THE TAPPING

DOG KNOWS HARNESSES AND READY TO TAP!

Remember to go at their pace. The most important thing is you have a happy and comfortable dog.

If your dog backs away or nips at you this is a sign your are going too fast. Go at their speed, for some dogs getting used to new things can take weeks.

Get your treats ready, if they aren't food motivated give them what they love e.g. praises, scratches etc.





1. Put the harness on the dog

2. Press a button and give them a treat and praise straight away

If they are comfortable try another button. If they are unsure repeat the same button. Go at their pace giving treats and praise as required.

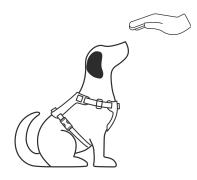
Once they are happy and comfortable with the new tapping sensation you are ready to start associating commands with the taps!

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# PRE TRAINED

#### ANY COMMAND

If your dog already knows commands and you wish to train them with Woof FM it is super simple.

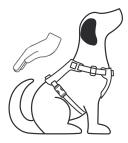


- 1. Your dog is comfortable in the harness.
- 2. Give them the command (e.g. sit) and press the corresponding button
- 3. When they sit give them treats and praises!
- 4. Repeat until you can press the sit button and they sit without their usual command.

Ensure you train for no longer then 10-15 minutes per session. You can repeat this 3-4 times a day, going at your dog's pace!

#### NEW TO TRAINING

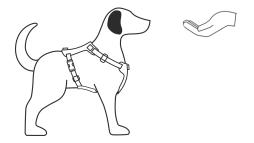
SIT



- 1. Place the harness comfortably on your dog.
- 2. Press the sit button
- 3. Gently push down their butt so they sit
- 4. When they sit, give them a treat and praises
- 5. Ignore any mistakes they make, it may take some getting used to.
- 6. Repeat sit until they can do it without you touching their butt

Ensure you train for no longer then 10-15 minutes per session. You can repeat this 3-4 times a day going at your dog's pace!

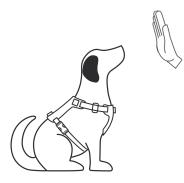
## COME



- 1. Show your dog a treat or a toy.
- 2. Press the recall button as they come to you.
- 3. Give them praise and treats when they come to you
- 4. After some repetition gradually add distance between you and your dog.
- 5. Ignore any mistakes they make, it may take some getting used to.
- 6. Repeat until they can do it without a treat.

Ensure you train for no longer then 10-15 minutes per session. You can repeat this 3-4 times a day going at your dog's pace!

## STAY



- 1. Get your dog to sit.
- 2. Put your palm up like a "stop" sign.
- 3. Press the stay button
- 4. Wait a few seconds, if they are still sitting give them a treat.
- 5. Slowly increase your distance from your dog after commanding stay
- 6. Give them treats and praise when they stay.
- 7. Ignore any mistakes they make, it may take some getting used to.
- 8. Practice in different settings.

Ensure you train for no longer then 10-15 minutes per session. You can repeat this 3-4 times a day going at your dog's pace!

## HEEL



- 1. Recall your dog and get them to sit next to you, on the side you want them to heel.
- 2. Press the heel button
- 3. Place a treat near your dogs nose
- 4. Take a step forward using the treat to guide you dog with you.
- 5. Give them the treats and praise when they stay near your side.
- 6. Gradually walk further before giving them a treat.
- 7. Ignore any mistakes they make, it may take some getting used to.
- 8. Repeat sit until they can do it without you using a treat as a lure.
- 9. Practice in new environments.

Ensure you train for no longer then 10-15 minutes per session. You can repeat this 3-4 times a day going at your dog's pace!



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